



IRONTON HIGH 9-12 LUNCH MENU

(menu subject to change)



NOVEMBER 2018

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
NO FRIED FOODS FAT FREE CHOCOLATE MILK 1% WHITE MILK BREAD-WHOLE WHEAT	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER		1 CHICKEN FAJITA/LETTUCE/CHEESE MEXICAN RICE REFRIED BEANS FRUIT/MILK	2 ROUND PIZZA CORN LETTUCE SALAD FRUIT MILK
5 CHICKEN SANDWICH COLE SLAW BAKED BEANS FRUIT MILK	6 NO SCHOOL	7 CHICKEN NUGGETS MASHED POTATOES/GRAVY GREEN BEANS FRUIT MILK	8 CHILLI/CRACKERS PEANUT BUTTER SANDWICH TRIANGLE POTATO FRUIT/MILK	9 PIZZA JAMMERS SPINACH SALAD CALIFORNIA BLEND FRUIT MILK
12 POPCORN CHICKEN PEAS AU GRATIN POTATOES FRUIT MILK	13 TACO'S/CHEESE/LETTUCE CORN REFRIED BEANS FRUIT/MILK	14 THANKSGIVING DINNER	15 BURRITO/CHEESE SAUCE TORTILLA CHIPS/SALSA MIXED VEGETABLES FRUIT MILK	16 PIZZA BROCCOLI BABY CARROTS/DIP FRUIT JELLO MILK
19 CHICKEN QUESADILLA CORN CELERY STICK/DIP FRUIT MILK	20 HAMBURGER TRIANGLE PATTY SALAD MIX FRUIT MILK	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 NO SCHOOL	27 BEEFY NACHOS REFRIED BEANS CORN FRUIT MILK	28 SALISBURY STEAK MASHED POTATOES/GRAVY GREEN BEANS FRUIT/MILK	29 CHICKEN NUGGETS CALIFORNIA BLEND BAKED BEANS FRUIT MILK	30 HAMBURGER STEAMED CARROTS ROASTED POTATOES FRUIT MILK