

Ironton City Schools

Lunch Menu: Grades K - 5

(Menu Subject to Change)

JANUARY 2020



6	7	8	9	10
Corn Dog or PBJ Potato Wedge Carrots and Celery Tropical Fruit Milk	Hoagie or Ham Sandwich Baked Beans Smiley Fries Peach Cup Milk	Chicken Strips or Pizza Mashed Potatoes w/ Gravy Peas - Sidekick Milk	Pulled Pork Sandwich or Turkey Sandwich Cole Slaw French Fries Apple Crisps Milk	Pizza Breadstick or PBJ Corn Romaine Salad Mixed Fruit Milk
13	14	15	16	17
Hot Pocket or PBJ French Fries Baby Carrots Mandarin Oranges Milk	Chili and 1/2 PB Sandwich or Pizza Fritos Triangle Patty Pineapples Milk	Salisbury Steak or Hamburger Mashed Potatoes w/ Gravy Broccoli & Cheese Strawberry Cup - Milk	Chicken Sandwich or Bologna Sandwich Mac & Cheese Peas - Pears Milk	Round Pizza or PBJ Corn Salad Raisins Milk
20	21	22	23	24
NO SCHOOL	Chicken Nuggets or PBJ Seasoned Wedges Carrots Mixed Fruit Milk	Meatloaf or Pizza Mashed Potatoes w/ Gravy Green Beans Peach Cup - Milk	Grilled Cheese or Turkey Sandwich Ravioli Chips Mixed Berry Cup - Milk	Calzone or PBJ Corn Spinach Salad Fruit Juice Milk
27	28	29	30	31
Taco or PBJ Refried Beans Chips & Salsa Mandarin Oranges Milk	Sloppy Joe or Ham Sandwich Seasoned Wedges Broccoli Apple Slices - Milk	Salisbury Steak or Pizza Mashed Potatoes w/ Gravy Peas - Sidekick Milk	Hamburger or Baked Cheese Sticks Triangle Patty Yogurt w/ Fruit - Milk	Pizza Wedge or PBJ Corn Salad Fruit Milk

*No Fried Foods
Bread Products -
Whole Grain
Chocolate Milk - Fat
Free
White Milk - 1%*

Prices:
Adult Breakfast - \$2.00
Student Breakfast - Free

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and employer.