



Dedicated to Academic Excellence through Quality Education

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Dear Ironton Family:

I want to ensure you that our school district is keeping track of the recent Coronavirus in the United States through proven and trustworthy sources: the Ohio Department of Health (ODH), and the Centers for Disease Control and Prevention (CDC). **These agencies believe the risk to our school community is low at this time.**

Updated information from the CDC on coronavirus in the United States can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>. The most recent information about coronavirus in Ohio may be found at: <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Novel-Coronavirus/2019-nCoV>

Much is being learned about this newly emerged virus. Based on the current information, health officials are recommending local communities and schools should take the same step to protect against coronavirus as we take to prevent the spread of everyday illnesses like the common cold or flu:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Follow your doctor's recommendations and stay home when sick.
- Cover your mouth and nose with the inside of your elbow when you cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces.

The district has provided an infographic with additional strategies regarding the spread of illness. The district will also be adding information regarding health services on the district website at www.tigertown.com.

The 2019 novel coronavirus is believed to be spread through the air when an infected person coughs or sneezes, much in the way the flu and other respiratory viruses are spread. Symptoms can be fever, cough, or difficulty breathing. At this time, persons considered at risk are those who have recently traveled to China, or those in close contact with persons infected.

While a new type of illness can be scary, we can protect our students, teachers, and the broader community by using simple everyday actions that protect people from other respiratory viruses. Our teachers, school nurses, and staff are working carefully to encourage these simple yet effective habits of frequent hand washing, covering every cough or sneeze, and cleaning classroom tables/surfaces with approved products. This is important not just to help prevent the spread of coronavirus, but to help prevent the spread of other infections that can lead to student illness and absences.

Sincerely,

Joe Geletka

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How To Protect Yourself From Infectious Diseases

PREVENTION

Please continue to protect yourself from all infectious diseases by using these precautions.



PRACTICE GOOD HYGIENE HABITS



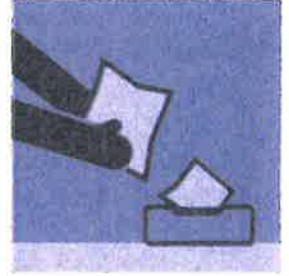
AVOID CONTACT WITH PEOPLE WHO ARE SICK



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



STAY HOME WHEN YOU ARE SICK

What you need to know about Influenza

For more information: <https://www.cdc.gov/flu/index.htm>

What you need to know about Coronavirus 2019

For more information: <https://www.cdc.gov/covid19>