



# Ironton City Schools

## Ironton Little Tigers Preschool Menu

(Menu Subject to Change)

### MAY 2023



<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Breakfast Bun</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Mac &amp; Cheese or Cook's Choice</li><li>• V-Blend Juice</li><li>• Peas</li><li>• Fruit</li></ul>	<b>1</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Pancake &amp; Sausage</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Tiger in a Bag or Cook's Choice</li><li>• Refried Beans</li><li>• Corn</li><li>• Fruit</li></ul>	<b>2</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Pull-Apart or Frudel</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Asian Chicken or Cook's Choice</li><li>• Broccoli</li><li>• Fried Rice</li><li>• Egg Roll</li><li>• Fruit</li></ul>	<b>3</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Mini Pancakes</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Salisbury Steak or Cook's Choice</li><li>• Mashed Potatoes</li><li>• Green Beans</li><li>• Roll</li><li>• Fruit</li></ul>	<b>4</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Sausage Egg Muffin</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Big Daddy Pizza or Cook's Choice</li><li>• Fries</li><li>• Baby Carrots</li><li>• Fruit</li></ul>	<b>5</b>
<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Goody Ring</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Hamburger or Cook's Choice</li><li>• Broccoli w/ Dip</li><li>• Fries</li><li>• Fruit</li></ul>	<b>8</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Sausage Egg Biscuit</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Biscuit &amp; Gravy, Scrambled Eggs, &amp; Sausage Link or Cook's Choice - Hash Brown</li><li>• V-Blend Juice</li><li>• Cooked Apples</li></ul>	<b>9</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Waffle</li><li>• Eggs</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Corn Dog or Cook's Choice</li><li>• Fries</li><li>• Baked Beans</li><li>• Fruit</li></ul>	<b>10</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Pop-Tarts</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Open-Faced Turkey or Cook's Choice</li><li>• Corn</li><li>• Mashed Potatoes</li><li>• Fruit</li></ul>	<b>11</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Biscuit &amp; Gravy</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Pizza or Cook's Choice</li><li>• California Blend</li><li>• Baby Carrots</li><li>• Fruit</li></ul>	<b>12</b>
<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Chicken Sandwich</li><li>• Mixed Vegetables</li><li>• Sweet Potato Bites</li></ul>	<b>15</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Bologna</li><li>• Fries</li><li>• Spinach Salad</li><li>• Fruit</li><li>• Go-Gurt</li></ul>	<b>16</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Chicken Nuggets</li><li>• Onion Rings</li><li>• Fresh Veggies</li><li>• Fruit</li></ul>	<b>17</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Hot Dog w/ Sauce</li><li>• Chips</li><li>• Baked Beans</li><li>• Corn on the Cob</li><li>• Fruit</li></ul>	<b>18</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul>	<b>19</b>
<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul>	<b>22</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul>	<b>23</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul>	<b>24</b>	<b>Breakfast:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul> <b>Lunch:</b> <ul style="list-style-type: none"><li>• Cook's Choice</li></ul>	<b>25</b>	<b>26</b> <b>NO SCHOOL</b>	



USDA is an equal opportunity provider.

Cereal will be offered daily at breakfast.  
Milk is served with each meal.  
Fish will be offered every Friday.  
\*Student Meals - Free