



IRONTON CITY SCHOOLS

LUNCH K-8

NOVEMBER 2017



Mon

Tue

Wed

Thu

Fri

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|--|---|--|---|--|
| <p>NO FRIED FOODS BREAD PRODUCTS WW FAT FREE MILK 1% MILK</p> |  | <p>1 MEATLOAF M.POT/GRAVY STEAMED BROCCOLI PINEAPPLE MILK-BREAD</p>  | <p>2 RIB PATTY SAND. TATER TOTS BAKED BEANS PEARS MILK</p>  | <p>3 PIZZA GLAZED CARROTS PEAS FRUIT JELLO MILK</p>  |
| <p>6 CORN DOG SPINACH OVEN FRIES BANANA-MILK</p>  | <p>7 FISH SAND. COLE SLAW HEARTHSTONE BEANS MAND. ORANGES MILK</p> | <p>8 SALISBURY STEAK MASH POT./GRAVY GREEN BEANS DICED PEACHES BREAD-MILK</p> | <p>9 CHILI/CRACKERS PEANUTBUTTER SAND.. CHEESE STICK MIXED FRUIT MILK</p> | <p>10 PIZZA GLAZED CARROTS PINTO BEANS MIXED FRUIT MILK</p> |
| <p>13 POPCORN CHICKEN TRIANGLE POT SPINACH APPLE-MILK</p>  | <p>14 HOT DOG/SAUCE BAKED BEANS COLE SLAW SIDEKICK MILK</p>  | <p>15 THANKSGIVING DINNER</p>  | <p>16 HAMBURGER TATER TOTS CELERY STICKS/DIP PINEAPPLE MILK</p> | <p>17 PIZZA GLAZED CARROTS FRUIT JELLO MILK</p>  |
| <p>20 BBQ SAND COLE SLAW GREEN BEANS PEACHES MILK</p>  | <p>21 PIZZA GLAZED CARROTS HEARTHSTONE BEANS DICED PEARS MILK</p> | <p>22 NO SCHOOL</p>  | <p>23 HAPPY THANKSGIVING</p> | <p>24 NO SCHOOL</p> |
| <p>27 NO SCHOOL</p> | <p>28 CHICKEN SAND. HEARTHSTONE BEANS TRIANGLE POTATO MAND. ORANGES-MILK</p> | <p>29 CHICKEN NUGGETS MASH POT/GRAVY BROCCOLI SIDEKICK-MILK</p>  | <p>30 GRILLED CHEESE TOMATO SOUP/CRKS. CHEESE STICK APPLE-MILK</p> | <p>USDA IS AN EQUAL OPPURTUNITY PRO- VIDER AND EMPLOYER</p> |