



Kristen Kavanaugh

January 30, 2016



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Kristen Kavanaugh was one of the finest all-around female athletes to wear the orange and black.

In basketball, Kavanaugh was a four-year starter who scored 1,173 points and earned All-Ohio honors in both her junior and senior seasons. She was listed as one of the top basketball players in the country by USA Today.

A track standout, she holds the school records in 100-meter hurdles (14.8 seconds), 300-meter hurdles (47.5 seconds) and high jump (5-3).

Kavanaugh qualified for the state track and field meet all four years of high school in five different events: 100-meter hurdles, 300-meter hurdles, high jump, long jump and 400-meter relay. She finished as state runner-up in the 100-meter hurdles in both her junior and senior years.

Kristen graduated from Ironton in 1998 with a 4.041 grade point average and received an appointment to the United States Naval Academy where she continued to play basketball where she was a three-year letter-winner and captain of the team her senior year.

Ms. Kavanaugh graduated from the Naval Academy in 2002 and received a commission in the U.S. Marine Corps. She played on the all-Marine and all-armed forces basketball teams and was named the 2003 U.S. Marine Corps Female Athlete of the Year.

